

# Your Monthly News & Updates

## A Message from Executive Director Cesar Navarrete

April is Child Abuse Prevention and Awareness Month, but shouldn't every month be dedicated to protecting our children?

Last year there were over 32,000 referrals made throughout San Bernardino County reporting suspected child abuse and neglect. Of those 32,000 referrals 5,142 children were removed from their homes because of immediate dangers and placed into foster care. But there are hundreds of cases that go unreported every single month that we can put an end to.



Here is how we can all do our part

- If we suspect abuse and or neglect, report it [1-800-827-8724](tel:1-800-827-8724), it can save a life
- Assist a family in need, stress can often lead us to make bad decisions
- Becoming a C.A.S.A. volunteer and help a youth find hope

No child should ever feel unseen, unwanted, unheard and unloved.

Thank you  
Cesar Navarrete  
Executive Director

## Volunteer Spotlight



C.A.S.A. of San Bernardino relies heavily on the work that all of our volunteers perform everyday that impacts the lives of our foster youth throughout the County. This month we would like to highlight one of our C.A.S.A. Board Members, Michelle Gilleece. Michelle has served on the C.A.S.A. Board since 2012 bringing her legal background and passion advocating for children to C.A.S.A. She was honored and recognized in this year's Shine a Light on Child Abuse Awards Breakfast hosted by the Children's Network. Please click [HERE](#) to learn more about Michelle.

## Child Abuse & Neglect; Recognizing the Signs



**Child abuse is more than bruises and broken bones.**

**While physical abuse might be the most visible, other types of abuse, such as emotional abuse and neglect, also leave deep, lasting scars.**

**The earlier abused children get help, the greater chance they have to heal and break the cycle-rather than perpetuate it.**

**By learning about common signs of abuse and what you can do to intervene, you can make a huge difference in a child's life.**

**[I want to learn more...](#)**

# Upcoming Events

## Heart of a Hero Run



Please join us on Saturday, April 29th at Glen Helen Regional Park for our 10th Annual Heart of a Hero Run! Come dressed as your favorite Superhero or your own Alter Ego - Fun for the whole family!

- 5K Run/Walk
- Carnival Games
- Inflatable Maze
- Costume Contest
- Vendors
- Villain Chase
- Live Entertainment & More

[Learn More](#)

## C.A.S.A. Golf Tournament



By popular demand, the C.A.S.A. Golf Tournament is back. Join us on Monday, May 8th at the Redlands Country Club for the Annual C.A.S.A. Charity Golf Tournament. Space is limited and filling up quickly!

Monday, May 8th, Noon Tee Off  
Redlands Country Club  
1749 Garden Street  
Redlands, CA 92373

Individual \$175 / Foursome \$600

[Learn More](#)

## A Call to Action

There are over 200 youth currently on our eligibility list waiting for a C.A.S.A. volunteer. We need your help to continue to deliver our mission to positively impact the lives of our County's most vulnerable foster youth.

Ways you can help:

- Become a C.A.S.A. **VOLUNTEER**
- Refer a friend, family member, neighbor, and/or co-worker to become a C.A.S.A. **VOLUNTEER**
- **GIVE** a recurring gift of \$10 a month to support recruitment efforts
- Become a **BUSINESS COMMUNITY PARTNER** and invest \$3,500 to support one volunteer/youth match for an entire year.



**We can't do everything, but we all can do something!**

## Funder Spotlight

We would like to thank Children and Family Services (CFS) for their generous sponsorship of our 2017 Heart of a Hero Run in the amount of \$10,000.

Our partnership goes beyond this amazing sponsorship, as both C.A.S.A. and CFS work collaboratively to ensure the safety and well being of every foster youth we impact. Our C.A.S.A. staff and volunteers work hand in hand with CFS social workers and our goals are the same - to help improve the lives of our foster youth.



**Stay Connected**



C.A.S.A. of San Bernardino County | [\(909\) 881-6760](tel:9098816760) | [\(760\) 515-7418](tel:7605157418) | [cesar@casaofsb.org](mailto:cesar@casaofsb.org) |

[www.casaofsb.org](http://www.casaofsb.org)